

Engaging community members to cultivate a wholistic approach to well-being in Saline County

FOUNDATION DOCUMENT

Vision

To make Saline County a livable, healthy community that promotes opportunities for physical activities and access to healthy local foods for all residents.

Mission

Engaging community members to cultivate a wholistic approach to well-being in Saline County.

Key Strategies

1. Support and enhance community programs on food access and nourishment.
2. Promote and advocate for safe physical activity and increase access to active transportation.
3. Increase the use of evidence-based treatment and support youth to remain tobacco and substance-use free.
4. Help the community engage in stigma reduction regarding mental health.

Who/Members/Eligibility

LiveWell Saline County is a coalition of like-minded organizations and individuals dedicated to working to make Saline County a healthier place to live, work and play. The coalition does not have formal membership requirements. Interested organizations/individuals should contact the Chair to request more information and meeting notifications. New members will be provided with a coalition new member packet that includes an overview of the coalition, timeline of activities completed by the coalition, and an option to sign up to be an active member of the coalition or receive quarterly coalition emails.

Coalition Structure

Founding organizations for LiveWell Saline County are the Salina Family YMCA, Saline County Health Department, City of Salina Parks & Recreation Department, and Central Kansas Foundation (CKF Addiction Treatment). Membership is open to anyone with two options: "coalition member" or "network member." Coalition members will participate in regularly scheduled coalition meetings and Network members who do not attend regular meetings, but remain informed about the work through quarterly emails and special updates about events/healthy happenings in the community. The Chair will be an individual who has been an active member of LiveWell Saline County for at least one year.

Workgroups may be developed on specific areas of focus (eg, Food Policy Council and Substance Use Prevention Coalition) and will be coordinated by a coalition member organization, as noted in their respective documentation.

Fiscal Management

The coalition itself does not hold funds. Funding opportunities may be sought by members or by LiveWell Saline County using one of the member organizations as a fiscal sponsor. Fiscal sponsors are responsible for executing fiscal sponsor agreements and handling respective grant funds. Prior to applying for grants member organizations should get approval from LiveWell Saline County members at a regularly scheduled coalition meeting (or a special meeting if the deadline occurs prior to a regularly scheduled meeting).

Decision-Making

WHEN/WHERE: Questions/issues come before the group at regular/quarterly meetings or via group emails or special meetings if something needs action before the next regular meeting.

WHO/HOW: Coalition decision-making is made on a case-by-case basis. The coalition aspires to make decisions through general consensus of members. If consensus is not reached, the chair may ask members to vote on specific items, where each individual having attended a coalition meeting within the last year or organization having representation at a coalition meeting within the last year has one vote. If the decision is regarding a grant project, the fiscal sponsor has ultimate decision-making authority.

Communication/Meeting Details

Members are welcome to participate in the coalition activities through regular coalition meetings and participation in any active workgroups. coalition meetings are held approximately every 2 months (minimum of four meetings held per year) and are scheduled via Doodle Poll. Meeting minutes are emailed out within two weeks of the meeting to all active coalition members.

Current Members/Partnering Agencies

- Central Kansas Mental Health Center
- City of Salina
- Church of the Cross
- Kansas Center for Rural Health
- Kansas Mobility Management
- Kansas State Research & Extension
- Kansas Wesleyan University
- NAMI Kansas
- OCCK, Inc.
- Prairieland Market
- Salina Emergency Aid Food Bank
- Salina Family Healthcare
- Salina Family YMCA
- Saline County Health Department
- Tammy Walker Cancer Center